Make Jesus Rea

# AUGUST 2019 Bulletin

# TIME TO TAKE A BREATHER!

We all recognise how busy this term is and we strive to cram so much into it. So take a 'YOU' moment and reflect on...

- What YOU have achieved in your area of teaching, leadership, etc and how it has made YOU feel. Maybe write down these achievements so you can 'pat yourself' on the back, because sadly often we don't get recognised for what we do in the busy-ness of our school communities.
- The number of times you have seen 'growth' from the work you do. Take a moment to recognise where you have furthered the potential of those in your care.
- How YOU have created an atmosphere that allows the *Spirit of Jesus* moments to flourish, be recognised and shared.

Ask your team to share these achievements and growth moments at either your next a staff meeting, in a school newsletter or a staff communiqué.

This month, I went to the International Middle School Conference where Professor Donna Pendergast showed this chart – if this isn't MJR, I don't know what is!

1. Communication Skills	6. Resilience
2. Problem Solving	7. Creativity & Innovation
3. Adaptability & Agility	8. Decision-making*
4. Collaboration	9. Leadership
5. Relationship-building	10.Empathy
	* Good decision-making with incomplete in



#### MJR 24/7 – A NEW Resource for Secondary Students

Recently I asked some Year 7 students if they liked the idea of doing MJR in secondary school. Nearly 100% of the students put their hands up to indicate the affirmative. When I asked "Why?" a Year 7 boy answered, "Cos it deals with real life stuff that I need to know about!"

This is where our latest resource in the MJR series – MJR 24/7 – comes into its own. Written especially for secondary schools, MJR 24/7 gives students the opportunity to reflect on issues around them, promoting resilience and the need to forge meaningful relationships with their family and peers.

The workbook is graphically designed to appeal to students. It is supported by a FREE online teacher resource containing 30 lesson plans that have direct connection to ACARA curriculum and specific Catholic and learning intentions. For more information on this valuable resource, <u>visit www.mjr247.com.au</u> and share the news with your nearest secondary school.

#### 'YOU' MOMENTS

As I said earlier, it's time to take a 'YOU' moment and below are some great examples of this...

#### St Andrew's Catholic Primary School, Ferny Grove, Qld

Click here to see their 'YOU' moments.

#### St. Peter's Catholic Primary School, Rockhampton, Qld





## **MITCH'S TRAVELS**

#### **MJR T-SHIRTS**

While in Rockhampton, Mitch was presented with one of the new MJR t-shirts by Catherine Simmonds, from CEO Rockhampton!





#### **MJR CUP**

At **St Mary's Catholic Primary School in Bundaberg**, four teachers who are involved with MJR in the school, once a month after school compete for the MJR Cup. Mitch was fortunate to be part of the August MJR Cup held at the Bargara Golf Club.





## LINKS

Stuck on an Escalator – Take Action (an oldie, but a goody) I use this to demonstrate how we always want others to solve our problems – students (and staff) love and relate to it.

https://www.youtube.com/watch?v=VrSUe\_m19FY

Iguana Chased by Snakes – Planet Earth II: Islands, BBC One Great for 'Never Give Up' or 'You thought you were under stress' https://www.youtube.com/watch?v=B3OjfK0t1XM

10 Incredible Acts of Kindness Caught on Camera – a super collection!

https://www.youtube.com/watch?v=vahi77oOsK4

### ORDER NOW ARE NOW AVAILABLE TO ORDER!

The *MJR Calendars* enable students to take the *Spirit of Jesus* and our positive *MJR* messages into to their homes to share and practice with their families and friends.

Allow your whole school community to experience the joy students have as they discover the *Spirit of Jesus* in everyday life.

You can also brand these <u>MJR Calendars</u> with your own school logo and information.

Use them as a fundraiser – they'll pay for themselves in so many ways!

### Click or tap <u>HERE</u> to discover how easy it is to fundraise for your school using our 2020 MJR Calendars!

Contact Garratt Publishing for more information at sales@garrattpublishing.com.au



April

HOW DO YOU

SPEAK



#### What makes the MJR Banners great:

- Bright and colourful
- 7 core messages to choose from
- 900mm x 500mm in size
- Eyelets that make displaying easy
- Ideal for classroom or around the school
- Constant reminder of the MJR values

#### Click or tap here for more information

#### Live Jesus in your Hearts - FOREVER!

The MJR Team ... Marty, Mitch, Michele, David, Rose, Karen, Sandy and Charmaine