

Make Jesus Real

JUNE 2018
BULLETIN

BE A **W.E.S.T.**
KIND OF PERSON

W.E.S.T.

An interesting chat between myself, Mitch, Jason and Greg has been shared by MJRers this week after Mitch shared his thoughts on using the **E** for **ENCOURAGING** from W.E.S.T.

Mitch wrote 'When I am introducing MJR to the various schools I mention W.E.S.T.. When it comes to '**Encouraging**', I ask if the whole class can name me 10 "Encouraging words. Most classes struggle to get 10. I then say, if you don't know Encouraging words, how can you use them?

It could be a helpful 10 minutes to spend with your class to list some "Encouraging" words, so that as a class and school, you can start to fill peoples' buckets. This activity can really increase the *Spirit of Jesus* in your classes and school. Try to get 25.

Another 3 questions I ask them is:

- When was the last time you encouraged your parents? Watch the look of amazement on their faces.
- When was the last time you encouraged your brothers and sisters? More amazement.
- When was the last time you encouraged a teacher and Principal? Complete amazement!!

We all know as teachers, **Encouraging** others leads to happy lives, as we are giving happiness to others by building them up, which is what the *Spirit of Jesus* is all about. On the other hand, constant put downs comes from a negative mindset, that can only lead to unhappiness in the people around us. We all can do with plenty of **Encouragement**.

Marty then added that when doing the **S** for **SORRY**, we take for granted that the students REALLY know what **Sorry** means. They often talk about saying sorry/apologising or forgiving, but don't get that **Sorry** really means that we are going to TRY and not do it again. This needs to be reinforced over and over again.

Greg then added, "What's also important is that if someone says 'sorry', and in the true context that means, I'm sorry I hurt you, I'm sorry I upset you and I'll try and not do that again. What is also very important, is that those receiving the apology don't just say 'That's ok!', because it's not. Maybe the better response may be 'I forgive you! But please don't do it again I don't like it....you hurt me...that was mean...' The forgiveness word is a welcoming word, one that says, even though you've hurt me, you're still my friend."

Finally, Jason added, ask the kids to write, '**Sorry is an action**' on their page and discuss. Too often the word is just a cop out, so they can move on, rather than something that they 'do'.

FOR MORE INFORMATION PLEASE CONTACT
GARRATT PUBLISHING 1300 650 878

PETER 'MITCH' MITCHELL'S TRAVELS

Mitch has been travelling and he has literally been to the back of Bourke!
The **Spirit of Jesus** is alive and flourishing across Australia.



Susan,
Holy Family Primary School, Parkes NSW



Vicki and Julie,
Holy Family Primary School, Parkes NSW



MJR 2018 CONFERENCE FEEDBACK

Apart from the bad weather and the sadness that the second day was cancelled, it has been extremely informative to get your views on what you enjoyed, what you found useful and what we could improve.

We had suggestions from microphones to venues and many people were keen for a 'Showcase of MJR Ideas', where we concentrated on the sharing. A venue in Melbourne near the airport has been given the thumbs up and others suggested starting the first day a little later (eg 10am) to allow people to fly in that morning (thus saving money). It was also suggested try to bring people together for either a drink or meal to promote camaraderie.

So, if you haven't filled in the **MJR 2018 Conference Survey**, please [click here to do so](#).

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MJR 2018 CONFERENCE PRESENTATIONS

As promised, below are some more presentations. Plus we've included the one's from the 'delegate only' Conference Edition of the Bulletin. **Just click on the underlined text to view.**

If you have a conference presentation you'd like to share, please email it to Marty at:
marty.ogle@catholic.tas.edu



Marty unveils the new MJR book:

- [MJR 7 – A new secondary resource is getting closer to fruition!](#)



Rom Fabrizio, Head of Wellbeing, St Cuthberts Catholic School, Lindisfarne, Tasmania.

His presentation covers:

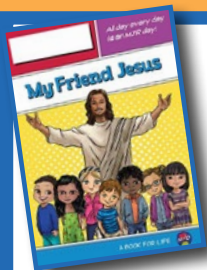
- [Heart Room and Journalling with the Spirit of Jesus](#)



You asked for it! Where does MJR Reach and Affect

Here's a PDF version of the *MJR Reach and Affect* to present to your school, community or diocese etc.

- [Where does MJR Reach and Affect?](#)



Liz Celegato, author of *My Friend Jesus* was going to demonstrate in front of a Grade 2 class.

There are three parts to her presentation:

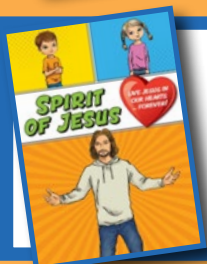
- [MFJ_Part_1](#)
- [MFJ_Part_2](#)
- [MFJ_Part_3](#)



Gemma Thomson, Head of RE & Leader of Liturgies, Iona Presentation College, Perth, WA.

Her presentation looks at:

- [Integrating 'MJR' into the CEWA RE Secondary Curriculum](#)



Peter 'Mitch' Mitchell, author of *Make Jesus Real* demonstrates some important exercises to help with teaching the *Spirit of Jesus*.

- [SOJ_Exercises](#)
- [Showbag Workbook](#)

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YOUTUBE LINKS

Michael Ketterer – an amazing story about a dad who ... no I won't spoil it!

www.youtube.com/watch?v=qFy5XyZsUeo

The Silent tragedy affecting today's children

This has been shared over 10 million times. It discusses what so many teachers/principals around the world are encountering in classes and in the school yard.

A great paper to discuss at a parent night.

<https://yourot.com/parenting-club/2017/5/24/what-are-we-doing-to-our-children>

The Garbage Children of Cebu

A confronting look at how some children live. An excellent way to start discussion on what we take for granted – e.g. food, house, clothes, health.

www.youtube.com/watch?v=a6NHuggG6vU

2019 MJR CALENDARS are now available to order!

Our 2019 MJR themed Calendars are now available to order. Enable students to take the *Spirit of Jesus* and our positive MJR messages into to their homes to share and practice with their families and friends.

Allow your whole school community to experience the joy students have as they discover the *Spirit of Jesus* in everyday life.

Brand these MJR calendars with your own school logo and information.

Rather than simply another impost for your school, we have developed a fundraiser model for you to use. These pay for themselves in so many ways!

See [HERE](#) to discover how easy it is to fundraise for your school using our 2019 MJR Calendars.

Contact Garratt Publishing for more information at sales@garrattpublishing.com.au

NEW MJR BANNERS

What makes the
MJR Banners great:

- Bright and colourful
- 7 core messages to choose from
- 900mm x 500mm in size
- Eyelets that make displaying easy
- Ideal for classroom or around the school
- Constant reminder of the MJR values

[Click here for more information](#)

Live Jesus in your Hearts FOREVER!

Marty and the team

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