## **Search for the Hero**

### Australian Curriculum - General capabilities / Personal and Social Capability / Level 3 & 4:

#### **Recognise emotions**

Make Lesus Real

- describe the influence that people, situations and events have on their emotions
- Recognise personal qualities and achievements
- describe the influence that personal qualities and strengths have on their learning outcomes
- describe personal strengths and challenges and identify skills they wish to develop

#### General capabilities / Ethical Understanding / Level 4: Reason and make ethical decisions

- explore the reasons behind there being a variety of ethical positions on a social issue
- Consider consequences
- evaluate the consequences of actions in familiar and hypothetical scenarios
- Reflect on ethical action
- articulate a range of ethical responses to situations in various social contexts

#### Tasmanian RE Curriculum

#### Year 6

• Students name and demonstrate actions that are signs of people living in the Holy Spirit (for example, courage in the face of violence, unity between churches and faiths and reconciliation between peoples, families living with disabled members or terminal illness or loss.)

#### To Know Worship and Love (Victoria) Level 3 & 4

• Students analyse and critique their personal and global worlds in light of the teachings of the Catholic Church seeking to make a difference.

#### Catholic Education Commission of WA Religious Education Learning Outcomes (Western Australia)

- Drawing on Human Experiences students understand the content of the Christian message and its significance by relating it to examples drawn from human experience.
- Living like Jesus students understand that Catholics are empowered to live like Jesus the Saviour as they draw on the power of God's Spirit.

### Catholic Education Office Sydney Religious Education Foundation Statements (New South Wales) Year 3&4

• Students recognise the call to respond to God in their lives and explore challenges related to this response.

#### Catholic Education Archdiocese of Brisbane Achievement Standards (Queensland) Year 5

• Students identify many ways in which faith is shared and strengthened in communities of believers, past and present.

#### Scripture -

#### 2 Thessalonians 2:16

Now may our Lord Jesus Christ Himself, and God our Father, who by grace has loved us and given us eternal comfort and good hope, encourage your hearts and strengthen you in every good word and deed....

#### Colossians 4:8

I have sent him to you for this very purpose, that you may know about us, and that he may encourage your hearts.

#### Mark 11:24

Therefore I tell you, whatever you ask in prayer, believe that you have received it, and it will be yours.

SEARCH FOR THE HERO INSIDE YOURSELF	HAVE A GOI
If we wait for others to do things for us, then we will n backing up the old Australian motto of "Have a go" ACTIVITY	ever succeed – it is really
Who are some heroes? Any Australian heroes? What are some of their qua	lities?
BE A HEROT	

#### **Resources:** Create your own superhero - BLM's 1 & 2

http://cpbherofactory.com http://www.heroized.com - websites that allow students to create their own superhero

Kid President - Pep Talk for the Heroes - https://www.youtube.com/watch?v=tgF1Enrgo2g

#### You could also use:

Bethany Hamilton - https://www.youtube.com/watch?v=duelonOMF2o Nick Vujicic - https://www.youtube.com/watch?v=ciYk-UwqFKA Kurt Fearnley - https://www.youtube.com/watch?v=AvihrEiOJvc&list=PLVzX1Vtce49CscIGaYMztERZhBwJRKxOC

**'Kid President - Pep Talk for the Heroes'** This one goes out to all the heroes - the kids and the grown ups who are doing extraordinary things to make the world more awesome. Who is your hero? Why?

In this video, Kid President helps us to understand that we are all heroes. We don't need a cape or super powers if we have the greatest strength of all - compassion.

He even uses a line from MJR, "it is the small things that we do everyday that matter the most." (p. 91 'The little things in life are often the big important things')

#### Theme

What is it that makes you who you are? What do others think of you? What are your good qualities; your gifts and talents? Sometimes we need to search for the hero inside us all. This doesn't mean that we start to wear our undies outside our clothes or jump off the roof in the hope of flying! It just means that God gave us gifts and talents and we need to look inside ourselves to find them.

#### Key questions...

- What are your good qualities?
- What 5 good qualities would people name for you?
- What are your gifts and talents?

#### Introduction

Choose someone at your school that is a positive role model and that everyone knows such as the Principal, School Leader or Teacher and get the students to name five good qualities of that person's personality. For example; welcoming, friendly, funny etc. How quickly did they do it? That's their reputation, that's how they see that person.

Students can then put themselves into the activity. "Imagine if, instead of Mr/Mrs...., I said your name. What would the class say about your good qualities?" Then get them to list 5 good qualities of themselves on p18 underneath the 'be a hero' callout. It is important to remind them that they are not the sum of these 5 qualities and if they had more time then they would be able to come up with many more.

#### Lesson

Now, take a look at page 18 of the MJR. Discuss the questions and decide on some of the key characteristics of a hero. Are any of those on the students' lists? If yes, why? If not; why not?

Students then choose one of the qualities from their list. Using that quality they create their own superhero. Their hero needs a name based on the quality and have a suitable catchphrase. Then, using BLM 1 and 2, draw a costume and characteristics for their hero.

#### Debrief/Reflection

Although it is fun to pretend to be heroes and imagine your own super powers we need to realise that we have the gifts and talents within us to be heroes. In fact, we might already be a hero to someone in our life. Realising the gifts and talents that God has given us is what 'search for the hero' is all about. After having some fun creating our own super hero based on our good qualities it is important to remember that we can all be heroes. After all, Jesus left us with the message that we can be heroes to others if we show love and compassion. As a form of reflection, hold these questions in your heart room for a moment of meditation...

What other qualities did Jesus show that would make him a hero to us all? Which of those do you show?

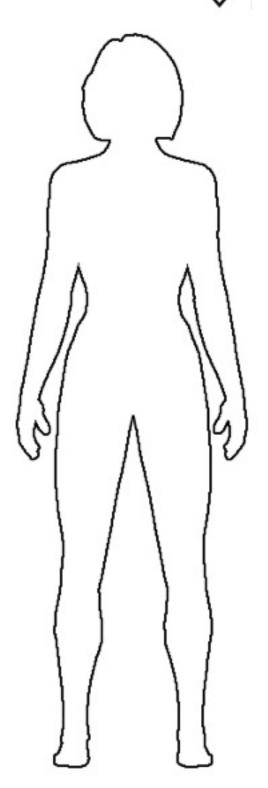
#### Prayer

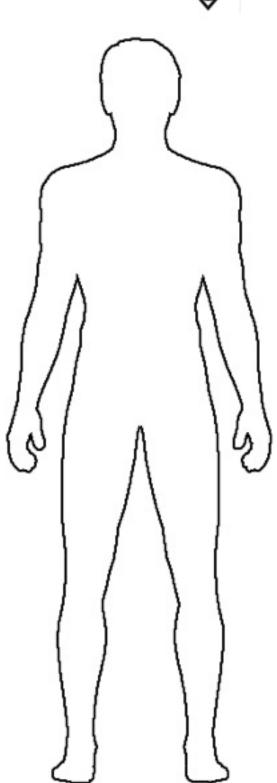
Lord, help us to find the gifts and talents that you have given us. Help us to 'search for the hero' when things don't go our way or when we need to be reminded of the positives in our lives.

Help us also to recognise the hero in others and to help them celebrate those good qualities

Amen

# DESIGN YOUR OWN SUPERHERO





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