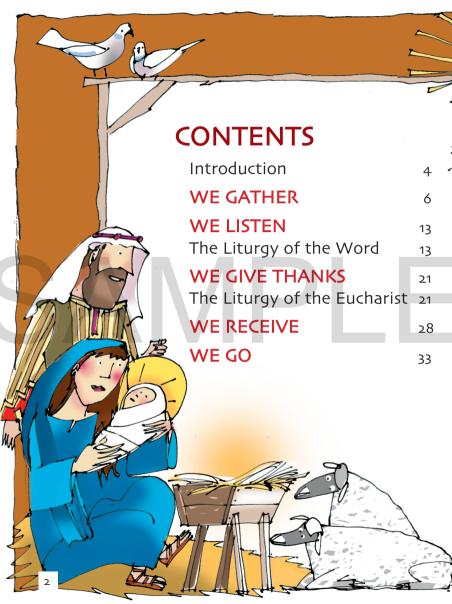




# Mass Book







### Introduction

#### For Parents

This Children's Mass Book has been prepared to accompany children as they pray at Mass. Words in italics offer brief explanatory notes, and the people's responses according to the Revised Order of Mass (introduced 2011) are included.

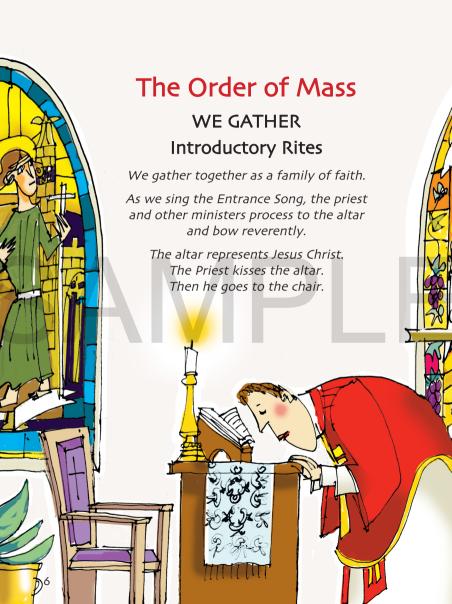
#### For Children

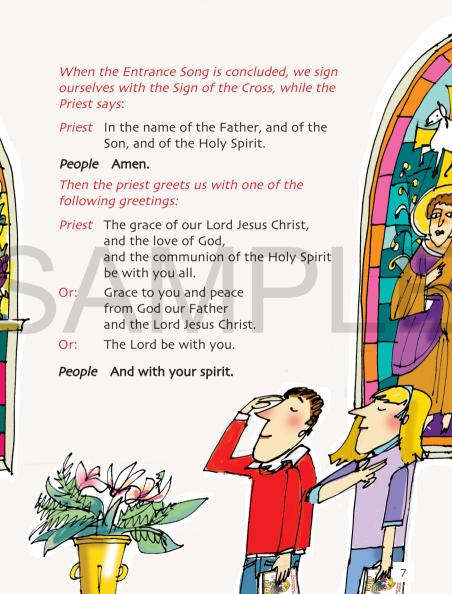
Every week, the parish community gathers to celebrate the Eucharist. The word Eucharist means 'thank you'. It is our way of saying 'thank you' to God for the life, death and resurrection of Jesus Christ.

In this book you will find five main headings. These will help you understand each stage of the Mass:

- 1 We Gather to praise God
- 2 We Listen to God's word in the Bible
- 3 We Give Thanks for the life, death and resurrection of Jesus Christ
- 4. We Receive the Body and Blood of Jesus Christ in communion
- 5. We Go out to be peacemakers and hope-givers







## Penitential Act

The Penitential Act calls for a change of heart as we reflect on the way we live as a Christian community.

We call to mind our failures, always remembering God's loving forgiveness.

**Priest** Brothers and sisters,

let us acknowledge our sins, and so prepare ourselves

to celebrate the sacred mysteries.

There is brief pause for silent reflection. Then we pray one of the following options:

Option A

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.



