



“Nana, why do you go to Mass?”  
Lucy asked one day.

“I like to listen to stories about Jesus and his message for us,” said Nana.



# Notes for Teachers

## Overview

Eucharist is an adult celebration that can be a passive experience of 'Mass watching' for both children and adults alike. It is important that adults understand the different parts of the Mass in order to be able to explain them to children as they occur.

Likewise, it can help children participate if they know the simpler responses that are used at Mass. These could be practised in the classroom in simple prayer rituals that relate to different parts of the Mass.

## Learning outcomes

- 1 Understand Mass as an active, involving, participatory experience that connects with the daily realities of our lives.
- 2 Connect the different parts of Mass with life experiences.

## Children's experience

- Create simple liturgies that focus on one aspect of Eucharist, e.g. A Celebration of the Word or A Procession of the Gifts we have received.
- Use some of the prayers prayed during Mass as classroom prayers with simple responses, such as "Blessed are you Lord, God of all creation."
- Visit the church and allow the children to become familiar with the space and those things that are used during Eucharist – altar and candles, lectionary and lectern, chalice and paten.