

# Kids And Prayers

## The Our Father

Our Father who art in heaven,  
hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.  
Amen.

## The Hail Mary

Hail Mary, full of grace,  
the Lord is with you;  
blessed are you among women,  
and blessed is the fruit of your womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners  
now and at the hour of our death.  
Amen.

## Sign of the Cross

In the name of the Father,  
and of the Son, and of the  
Holy Spirit. Amen.

## The Glory Be

Glory be to the Father, and to the Son,  
and to the Holy Spirit;  
as it was in the beginning, is now,  
and ever shall be, world without end.  
Amen.





## The Act of Contrition

My God,  
I am sorry for my sins with all my heart.  
In choosing to do wrong  
and failing to do good,  
I have sinned against you  
whom I should love above all things.  
I firmly intend, with your help,  
to do penance,  
to sin no more,  
and to avoid whatever leads me to sin.  
Our Savior Jesus Christ  
suffered and died for us.  
In his name, my God,  
have mercy.



## Watch, Lord

Watch, Lord, with those who wake  
or weep tonight. Give the angels and  
saints charge over those who sleep. O  
Lord Jesus Christ, tend your sick ones, rest  
your weary ones, bless your dying ones,  
soothe the suffering ones, pity all the  
afflicted ones, shield the joyful  
ones, and all for your love's  
sake. Amen.

## The Guardian Angel Prayer

Angel of God, my guardian dear,  
to whom God's love commits me here,  
ever this day [night] be at my side,  
to light and guard, to rule and guide.  
Amen.

This simple card offers parents, teachers, religious, and clergy a tool for introducing these classic prayers to kids. Use it alone or to accompany the DVD *Kids & Prayer* with Br. Mickey McGrath, OSFs from Paraclete Press. To order the DVD or additional copies of this card, please visit [www.paracletepress.com](http://www.paracletepress.com) or call 1-800-451-5006.

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