

When you were little, you needed a lot of help.





Now you can do lots
of things for yourself.

Notes for Teachers

Overview

This story connects to the choices that have been made for the child (Baptism) and the choice they will make for themselves in a few years' time – Confirmation. While the two sacraments are not mentioned explicitly, the story illustrates the growth and development that is happening for the child as they mature and are increasingly able to choose for themselves and for the good of others.

Learning outcomes

- 1 Name and recognise the changes in maturity that children experience in themselves.
- 2 Understand that children grow in their ability to do things and choose for themselves.
- 3 Recognise that children become more independent and are trusted to make more choices for themselves.
- 4 Increase children's awareness of making choices that can benefit other people.

Children's experience

- Explore with the children some choices that they have made – those they like to make and those that they are perhaps a little frightened to make.
- Talk with them about the choices they need adults (such as parents and teachers) to make for them.
- Explore with them the ways they have learned to make choices, including what has helped them and what has not helped them.
- What's the best thing about making choices?
- What's the hardest thing about making choices?