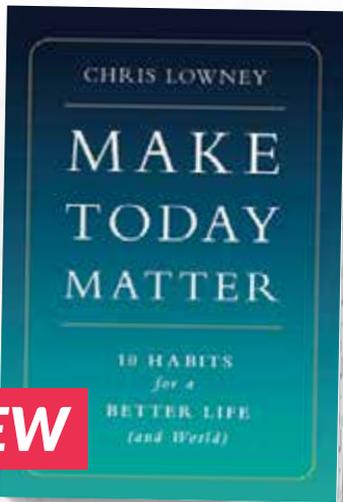




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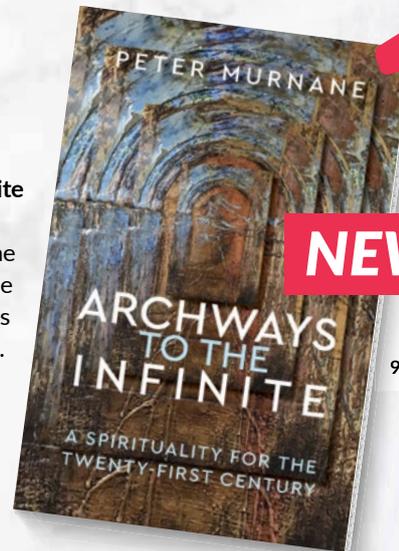
### Make Today Matter

Everybody wants to live a better life. We want to stay on track and contribute to the world. But how? **Chris Lowney** shares with you his ten simple, daily habits that will help you build a better life one day—one moment—at a time.



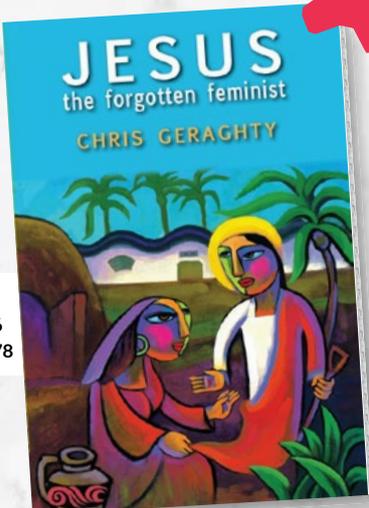
### Archways to the Infinite

**Peter Murnane** says we cannot claim to be in harmony with the *Transcendent* - serving God - if we are not also striving to make the world a more just place. He argues that caring for the earth connects us to the infinite just as much as our own relationships do.



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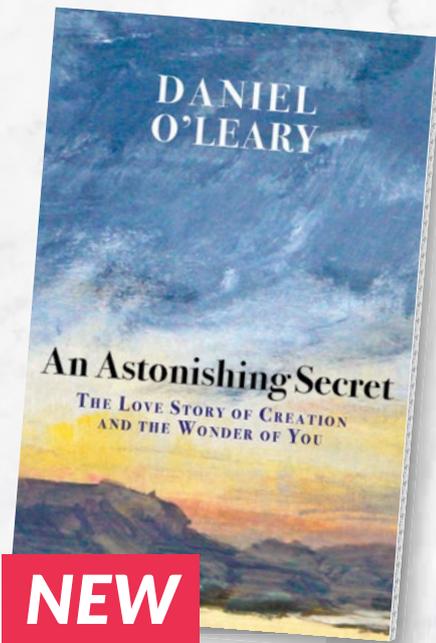


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### Jesus the Forgotten Feminist

**Chris Geraghty** delves into scriptures and history showing how Jesus practised a radically inclusive approach to women that challenged the inequitable beliefs and practices of his own culture and community. This learned, humorous, irreverent book reminds us that Jesus was a feminist and argues that the Church must repent and honour this in order to restore women's place as fully equal to men in the Church.





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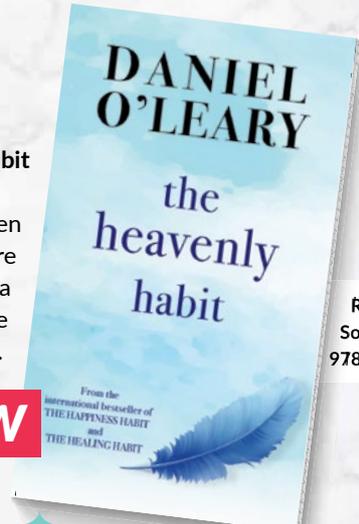
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## An Astonishing Secret

Daniel O'Leary invites you to open your heart to explore mysteries that may be new to you, but not your heart. You'll be taken in many different directions and you'll be called to stretch your thoughts, emotions and imagination in many ways. Inspired by the writings of Pope Francis, this book offers exciting revelations about God, Creation, Incarnation, and the Wonder of You. Be prepared to fall in love again with God - and read this book as you would a love letter from God!

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In Daniel O'Leary's latest *Habit* book, ten artists offer their best efforts to capture the experience of the *Heavenly Habit* - a transforming grace that finds light in the darkest soul.



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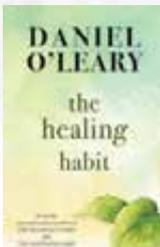
### ALSO IN THE HABIT SERIES



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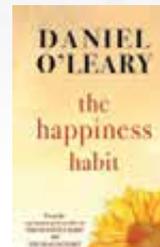
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Daniel O'Leary brings powerful insights and wonderful common sense in his latest book on healing and healthy thinking. These insights will help you get through each day better!

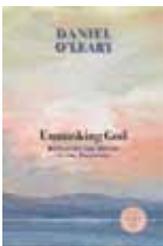
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#### Happiness Habit

In *The Happiness Habit*, Daniel O'Leary presents one page reflections on a theme featuring a quote from well-known writers and personalities like Oprah, Pope Francis and more!

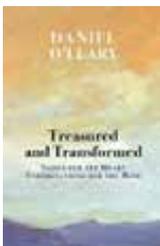
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#### Unmasking God

This book reaffirms the divine presence within all of us. The purpose of these reflections, from Daniel O'Leary, is to reveal the holiness of our hearts, the wonder of our bodies, and to disclose the secret of turning your life around.

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#### Treasured and Transformed

Daniel O'Leary will beguile you in discerning the love, the meaning, and the delight in all life's experiences. This collection of reflections, thoughts and advice on how you can live a more fulfilling spiritual life is sure to nourish your soul.

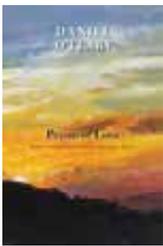
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#### Travelling Light

Do you feel a call to deepen your life, to live more freely, to be more happy? Daniel O'Leary brings reflections and practices for those who set out in search of their true fulfilment and destiny on this long and winding road.

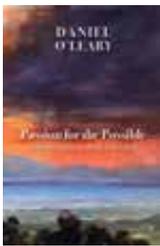
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#### Prism of love

In *Prism of Love*, Daniel O'Leary enables you to delve a little deeper below the surface of what is happening to you, and around you to disclose the secret of turning your life around and of living more freely and more abundantly.

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#### Passion for the Possible

*The Passion for the Possible* is about the fierce desire to explore the potential for self-esteem arising from our own divine beauty, for a sense of our capacity for finding the healing light in our dark moments.

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#### Already Within

Already Within contains some of the best writings from Daniel O'Leary's books and articles up until 2007! Everything you love about Daniel O'Leary can be found here and you can come back to this book time and time again.

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## Go Bravely

At the heart of **Emily Wilson's** ministry is helping every person she encounters recognise their identity and worth in Christ. Emily wants you to be brave, stand up and live your life as a woman of faith. In this book Emily provides practical guidance, to live a faith-filled productive life in a world that often seems to steal joy.

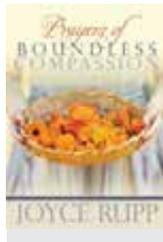
## JOYCE RUPP *World-wide spiritual influencer and teacher.*



### Boundless Compassion

**Joyce Rupp's** most powerful book yet! Through this six-week personal transformation process for deepening compassion, Rupp inspires you to grow in the kind of love that motivated Jesus' life and mission for his disciples.

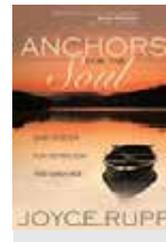
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### Prayers for Boundless Compassion

This collection of forty original prayers, blessings, and meditations by **Joyce Rupp** encourages us to practice the themes of compassion as a way of life. Can be used alone or with *Boundless Compassion*.

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### Anchors for the Soul

Here, prayers, poems, blessings, and meditations from **Joyce Rupp's** many works are brought together to offer daily wisdom that will keep you anchored to God throughout the year.

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## BOOK OF THE MONTH *Our Book of the Month for November*



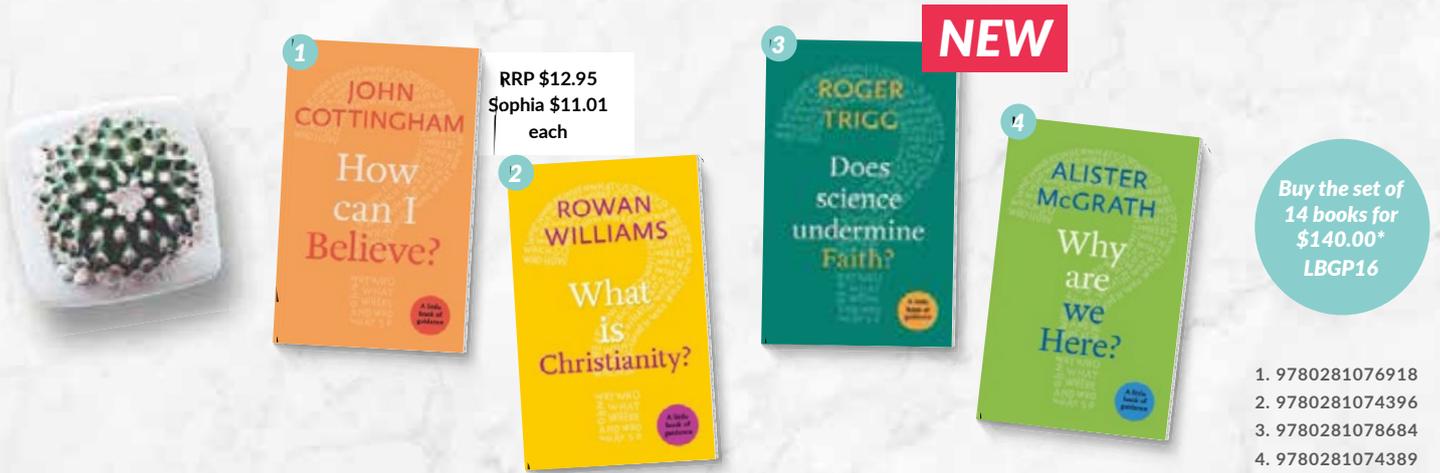
Book of the Month Price:  
\$44.95 - Sophia \$34.97

### A Spring Within Us

In these daily reflections, **Richard Rohr** invites us to rediscover the spring hidden inside each one of us, reminding us of God's indwelling presence and that we are inherently beloved. The meditations follow the arc of life from innocence, through inevitable brokenness, to putting ourselves back together, through ripening into union - with self, God, the world, and others

RRP \$49.95 - Sophia \$42.46 - 9780281080212

# SPRING AND SUMMER'S SPIRITUALITY ESSENTIALS



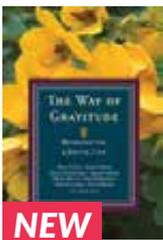
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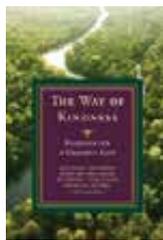
## REFLECTIONS *Reflect, be mindful, take a step back and nourish your spirituality and life*



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**The Way of Gratitude**  
A wonderful book that is bursting with reflections from contributors such as **Joan Chittister, Michelle Obama, Joyce Rupp, Rowan Williams and Maria Shriver**, just to name a few!



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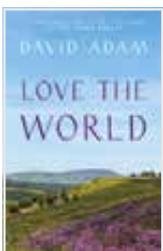
**The Way of Kindness**  
Essays, fiction, poems, meditations, and inspired ideas by renowned writers from around the world offer readers reflections on being kind. Authors include **James Martin, Dorothy Day, Mother Teresa**, and many others.



**NEW**

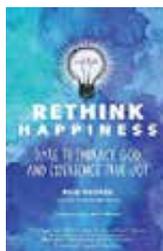
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Sophia \$38.21  
9781626982956

**Soul Seeing**  
Experience 56 first-hand accounts from author **Michael Leach** and others including **Richard Rohr** and **Joyce Rupp**, all drawn from the renowned spirituality column "Soul Seeing", in the *National Catholic Reporter*.



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9780281077762

**Love the World**  
*Love the World* from **David Adam** looks at the things that we often take for granted but are essential for our health and happiness. Be uplifted as you find that you are created not from dust, but created out of love.



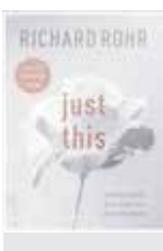
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9781594717918

**Rethink Happiness**  
**Paul George** invites you to pursue authentic happiness by surrendering your life to God and focusing on simple joys: daily prayer, a minimalist lifestyle, meaningful relationships, and an ongoing pursuit of God's will.



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**Gratefulness**  
Secular books have begun to explore gratitude and its ability to lead to a happier life. This however is not a new concept. **Susan Muto** explores how life changing gratefulness can be, by drawing on the lives of saints and spiritual writers.



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**Just This**  
Here is a collection of brief and evocative meditations and practices, inviting you to cultivate the gift of waking up to the beauty of reality in all its glorious ordinariness, from **Richard Rohr**.



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**See, Love, Be**  
In his new book, **Tim Stead** shows how Christian mindfulness can lead to a deeper openness and fuller experience of God's grace. Here he provides an 8-week guide, with audio meditations, on themes of see, love and be.



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**Making Room for God**  
Does your house need a bit of a spring clean? **Mary Sperry** explores the relationship that we have with our stuff and uses her experience to guide us through a spiritual, prayerful and peace-filled decluttering journey.

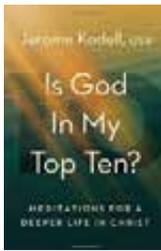
# NOURISH YOUR SPIRITUALITY AND FAITH



## Everything Happens for a Reason and Other Lies I've Loved

After having a baby with her childhood sweetheart, **Kate Bowler** was diagnosed with cancer. As she navigates the aftermath, she shares her reflections on faith, friendship, love, and death.

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## Is God in My Top Ten?

Is your life out of control? Are you being barraged with responsibilities every day? **Fr. Jerome Kodell**, a Benedictine monk, brings you reflections to help you sort through your priorities and to become a person of peace.

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## Vesper Time

You can't stop growing older, but you can certainly make it easier! With a foreword by **Joyce Rupp**, **Frank Cunningham's** book explores growing older with humour and grace.

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## Gaze Upon Jesus

**WINE: Women In the New Evangelization** offers its second, six-week scripture study, this time following the infancy and early years of Christ as seen through the eyes of Mary and other women in the gospels. The perfect journey for Advent!

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## Don't Forget to Say Thank You

Author **Lindsay Schlegel** shares fifteen relatable phrases we frequently use as parents and how her faith and life changed when she envisioned God telling her these same things.

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## A Season of Grace

Getting older can cause some of us to lose sight of the gifts that God has given us. Here, seventy-five reflections are used to help you re-discover what God is doing in your life.

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## PARENTING AND FAMILY LIFE



## Good Enough is Good Enough

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## Side by Side

This new spiritual journal is the perfect way for you to share your faith and your life with your tween daughter! Beautifully designed to help strengthen your connection with each other.

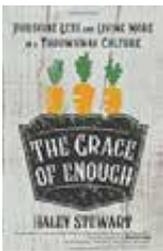
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## Sharing Our Story

**David Dayler** reflects on the importance of Grandparents and their role in the development of the Catholic faith in their grandchildren in today's ever changing world.

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## Grace of Enough

Popular blogger, **Haley Stewart**, shares the essential elements of Christian living that her family discovered during an extraordinary year of change, which was brought on by their chaotic and unfulfilling lives!

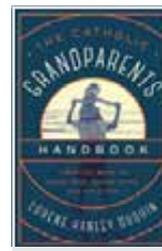
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## More Than Just Pretty

**Jessie Faerber** puts the record straight and redefines how girls see themselves in our digital age, where social media has distorted the perception of beauty and young girls can find it difficult to determine their true self-worth.

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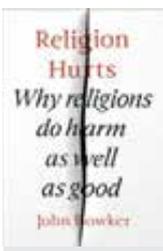


## The Catholic Grandparents Handbook

What is the difference between a grandparent and a Catholic grandparent? This book discusses this and many other topics such as prayer, sharing the faith, passing on family history, and more. A great resource!

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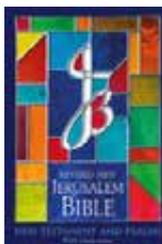


## Haunted by Christ

**Richard Harries** considers the work twenty authors, such as T. S. Eliot and C. S. Lewis, and paints vivid pictures of their lives and gives us insights into the spiritual dimension of their writings.

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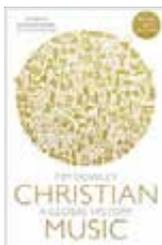
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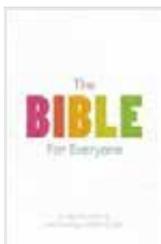
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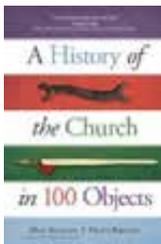
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## Five Events That Made Christianity

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## Beyond Original Sin

Although this book does not set out to dispense with the notion of Original Sin, **Diarmuid O'Murchu** makes a compelling case for a different starting point: our fundamental goodness rather than our flawed sinful condition.

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### A Friendly Guide to The Birth of Jesus

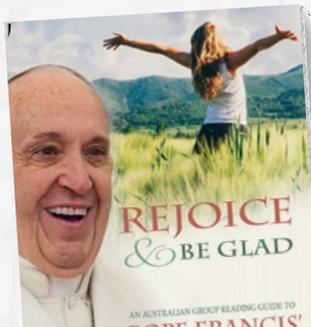
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The birth of Jesus is one of the best-known stories in the Gospels, and yet often adults do not think about or read the text as adults. They carry with them childhood memories that may be inaccurate, according to the text, and miss the deep theological purpose of these two narratives. If we only read the "surface" story of the nativity, we fail to understand the rich introductions to the person and ministry of the adult Jesus.

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This plain English guide, with Australian case studies and reflections by renowned author and writer **Fr Andrew Hamilton SJ** and acclaimed scholar and theologian **Bill Huebsch**, will make Pope Francis' message easily accessible to all readers. With concise summaries of each numbered section, and questions for discussion and reflection, this guide will enable you to explore how **Pope Francis'** words can be applied to our lives today.

Perfect for small groups or individual study, this easy-to-use guide can help all believers understand, celebrate, and live Pope Francis' message of Gospel joy, love, and peace.

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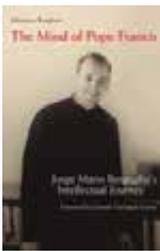


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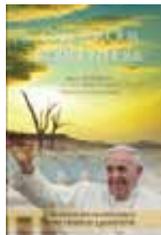
## POPE FRANCIS Celebrate 5 years of Pope Francis's ministry



### The Mind of Pope Francis

Many have said that they feel Pope Francis lacks the intellectual depth of his recent predecessors. Here, **Massimo Borghesi** offers essential insights into who Pope Francis is and, for the first time, his intellectual formation.

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This visually stunning guide to *Laudato Si'* offers commentary, Australian case studies and discussion questions to explore **Pope Francis'** ground-breaking encyclical.

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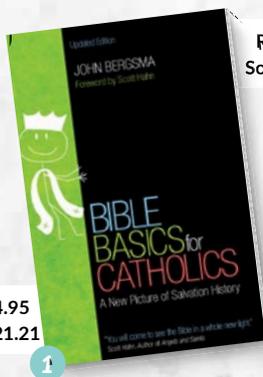


### Pope Francis Lexicon

Taking 50 words and phrases that have become important to the ministry of **Pope Francis**, 50 writers from around the globe have reflected on what these words mean to the Pope and their significance to the church and the world.

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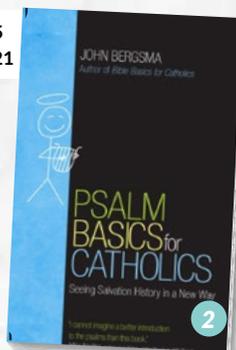
## THE BASICS These books will help you learn the basics of Catholicism



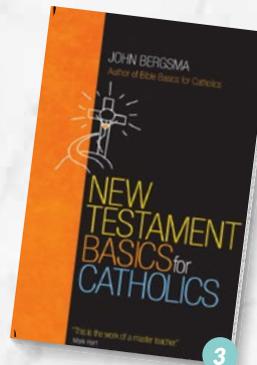
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**John Bergsma's Bible Basics** shows how the Bible points us to the saving life and work of Jesus, with this new edition including an additional chapter on covenant fulfillment.

### Psalm Basics for Catholics

In *Psalm Basics for Catholics*, **Bergsma** introduces us to King David, the story of Israel, and the salvation of the Jewish people through the coming of Jesus.

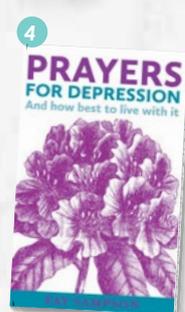
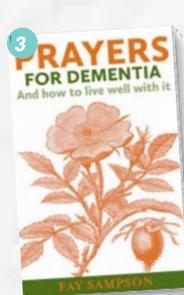
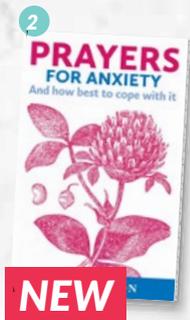
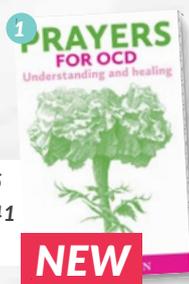
### New Testament Basics for Catholics

**Bergsma** simplifies the New Testament by focusing on four writers whose work comprises about 90 percent of it, and their common theme of the "Kingdom of God."

# ESSENTIAL PRAYER RESOURCES FOR CATHOLICS



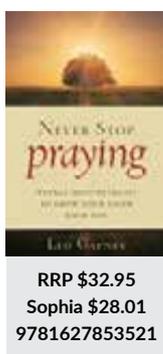
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## Never Stop Praying

How do you find the time each day to set aside for prayer? When life's business takes over, it can seem impossible. But **Leo Gafney** has an idea for you: pray during life's odd moments, so that you're actually always praying!

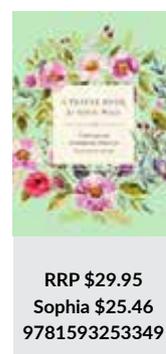
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Sophia \$28.01  
9781627853521



## An Invitation to Love

Everyone needs a retreat to replenish the soul at some point, but finding time away from home is hard. Here, **William A. Barry** provides prayers sessions that focus on loving God and our neighbour.

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## A Prayer Book for Catholic Women

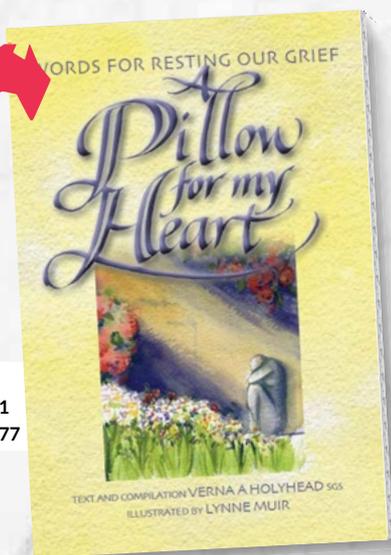
This beautiful prayer book is the perfect guide for women of all ages who want to deepen their personal relationship with the Lord. It's beautifully designed, easy to use and perfect for everyday.

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## FOR THE TOUGH TIMES *Books for when you experience grief and loss*



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## A Pillow for My Heart

This book has been lovingly and thoughtfully prepared to support you, or someone you know after the passing of a loved one. During this time, your heart feels like it needs a pillow to rest on. This small book of carefully chosen quotations and commentary tries to offer some words which can mingle with our tears or, perhaps, help them flow more gently and freely during the days after a death.

Some of the offerings here are short and some are longer, some come from God and others come from Christians and other people of various faiths, combined with additional prayers and reflections. This new edition features new colour artwork and quotes!

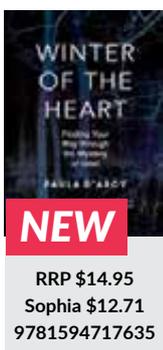
**UPDATED EDITION**



## Bruised and Wounded

**Fr Ronald Rolheiser** offers unique insights on the nature of suicide and its devastating effects. This book, filled with compassion and wisdom brings hope to survivors of suicide and also dismantles the myths and associated taboos.

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## Winter of the Heart

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## The Last Journey

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# BIOGRAPHIES



## Two Dogs and a Parrot

Joan Chittister shares her heartwarming stories and thought-provoking reflections about sharing life with animal companions. The perfect gift for any animal lover that you know and valuable spiritual insights for all!

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## Archways to the Infinite

Peter Murnane says we cannot claim to be in harmony with the Transcendent - serving God - if we are not also striving to make the world a more just place. This is must-have book, that is full of both life and wisdom.

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## Bonded Through Tragedy, United in Hope

Hilton Deakin is a Catholic bishop and a key figure in East Timor's struggle for independence. Not just a personal story, this is a story that affected a whole country. A must read.

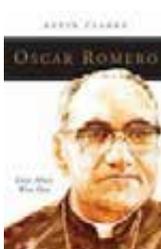
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## The Wonder of Her Love

The Wonder of Her Love is the inspiring true story of Trish Franklin, a nun who founded the Loreto Vietnam Australia Program, and has helped more than 55,000 children along the way. Get inspired by this remarkable woman!

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This in-depth look at Archbishop Romero traces the events leading up to his assassination, after a Mass at a chapel altar in San Salvador, and the reverberations that came after.

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## Trapped in a Closed World

Kevin Peoples' personal story exposes the poisonous clerical culture that dominated seminary life, and looks at the link between this and the causes of sexual abuse within Catholic institutions. **Not for sale in Victoria.**

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Grammy-winning contemporary Christian master singer-storyteller John Michael Talbot's concert meditations—heard and loved by millions—are now available in this unique volume for the first time. Do not miss out!

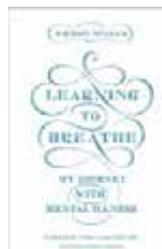
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## They Called us Love

As a child, April Holden suffered from chronic ill health but, convinced that God was calling her to work with street children, soon found herself in the dangerous Sudan, where her story really starts.

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The darkness of depression can ruin many peoples lives and even end them. Rachael was six when she had her first suicidal thought. Here she shows us honestly what living with a mental illness is like, but also how God can always find and save us.

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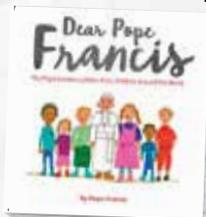


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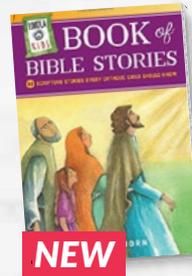
This resource introduces children to the Catholic faith and its traditions. Simple words and engaging illustrations make this an accessible book that even very young Catholics will want to read again and again.



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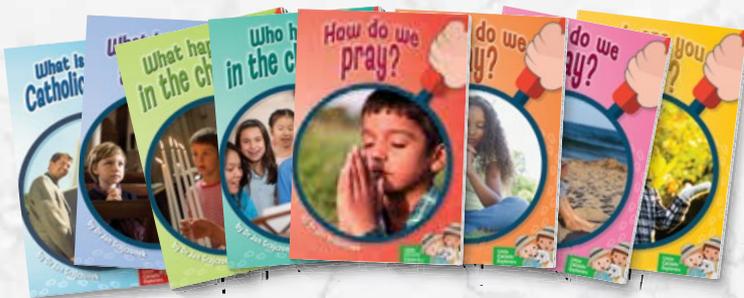
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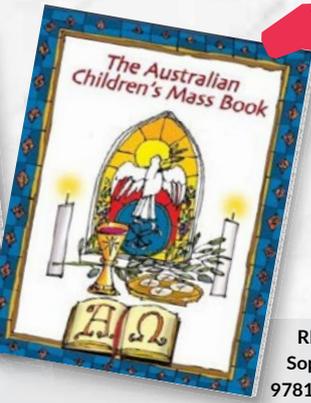
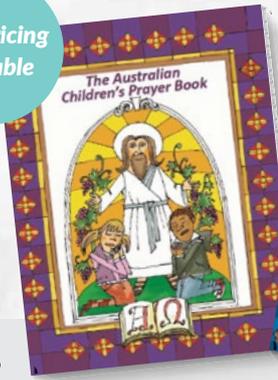
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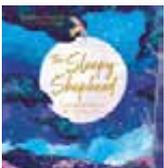
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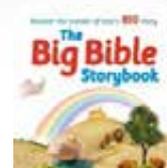
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Ellie loves being at her aunts house, and feeding all the animals, but she then learns that the less appealing creatures get hungry as well. This is a wonderful book to teach kids about caring for all creation.

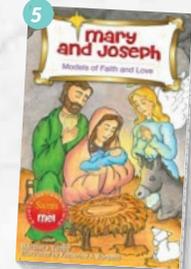
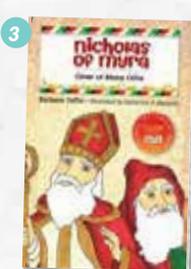
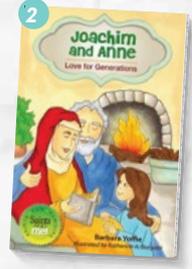
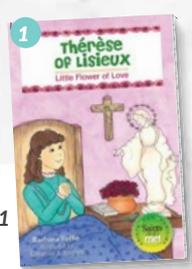
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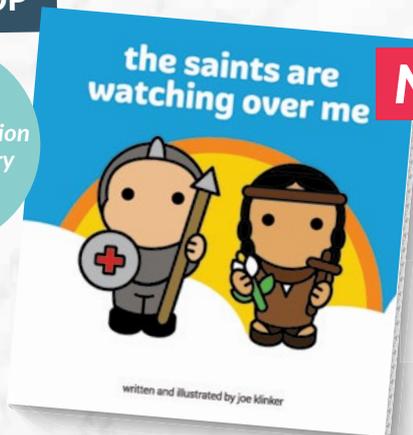
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