



MJR Bulletin

DECEMBER 2021



What a year!!!

Yes, we have made it to the end and there is a need to celebrate, BUT in this Bulletin we challenge you to go further by finding ways to bring JOY to others.

We look forward to the possibility of catching up with other MJRers in Hobart on the 24th & 25th of March, 2022.

Please enjoy this Bulletin and may you all be blessed, healthy and happy ready for 2022.

Marty

YEAR 5/6 MJR WORKBOOK UPDATE

A BIG thank you to **Amelia Daun** and **Matt Luttrell** who have helped re-shape the Years 5/6 MJR workbook so that it is under specially chosen themes: *Attitude & Values, Life Skills, The Art of Interacting, Self-Belief, Happiness & Gratitude, Stewardship, Jesus, Spirit of Jesus, Faith & Spirituality, and The Art of Reflection*. This should make it much easier for teachers and students to find appropriate sections to work through in Years 5 and 6. The revamped MJR Year 5/6 workbook will be available early in 2022, so get your orders in ASAP!

We are also in the throes of developing a website that will support these themes, making it easier for teachers to access YouTube clips, Lesson Plans and other suitable supporting resources that will further enhance the teaching of the MJR 'Way of Life'. More details in 2022!

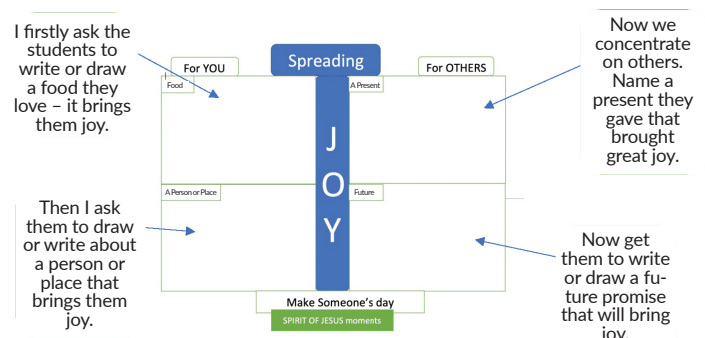
BRINGING JOY INTO OTHERS' LIVES

As the Christmas season approaches, it is important to remind our school communities to find ways to 'Make someone's day, BETTER!'

ACTIVITY ONE

Please find attached a simple sheet for students to fill in to remind them how lucky they are, and how they can do so much for others. It is suitable for most year levels.

The future promise could be as simple as, 'NO back-chatting' or 'doing a chore without being asked'. Maybe it might be a gift that they actually made for someone else. I have also included class samples here.



There are other ways of focussing on bringing joy to other people's lives. Here is just a few.

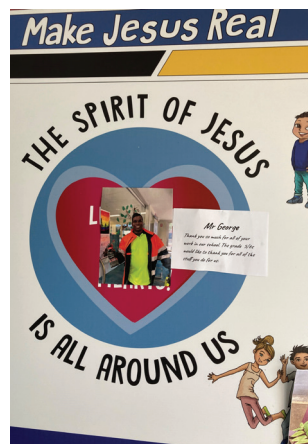
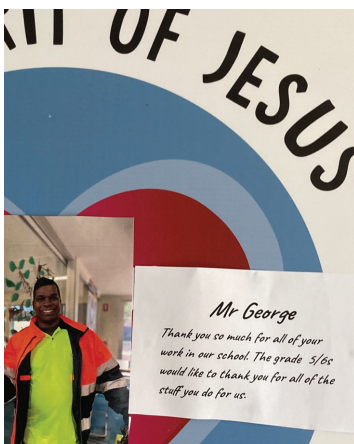


This is Monty who is the pet dog of Kerrie Flynn – the principal of **St Peter Chanel Catholic Primary School, Smithton, Tasmania**.

Kerrie brings him to school regularly. To see the smiles and hear the laughter that he brings to both staff and students is beautiful. He is a walking bundle of joy!

The students at **St John's Catholic School, Richmond Tasmania** highlighted on their 'Spirit of Jesus' board the work, smile, and attitude of their groundsperson.

Mr George – he is also a Joyous inspiration!



At **St Brigid's Catholic School, New Norfolk, Tasmania** the students and staff have formed an **MJR Garden group**.

They give up their lunchtime to improve the school gardens, and even raise money to buy plants to beautify their school.

What a beautiful way to bring joy others!



ACTIVITY TWO

Ask the students to find other people who bring, or who have brought JOY into other peoples' lives – e.g. Jesus.

ACTIVITY THREE

This is another great idea from Mitch...



St Therese's Catholic School, Moonah, Tasmania, created a 'Class Charter' using many of the sayings from their *Spirit of Jesus* workbook.

The class created a list of about 55 attitudes, quotes and headings they found in the *Spirit of Jesus* workbook. From this list, they narrowed them down to 25, then 15, until they had the best five. They then placed these five on the front a card and decorated it.



Here are some they selected.

- ✦ Jesus never gets tired of forgiving others...so we should forgive others as well.
- ✦ 'WOW' is a great prayer of God's creation.
- ✦ Do more random acts of kindness.

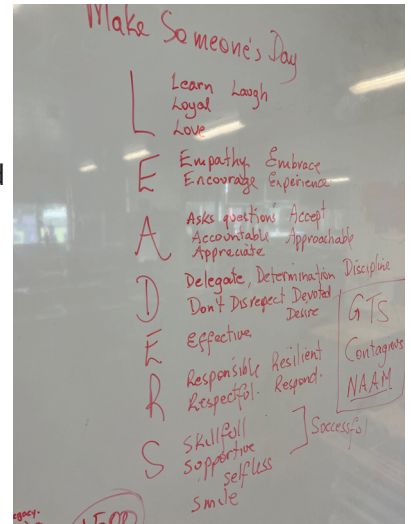
- ✚ Happy people are thankful for what they have..not what they haven't got.
- ✚ A smile is an act of love...a gift to that person.
- ✚ I am in charge of my attitude to people and life
- ✚ We should Believe In Yourself (BIY) more and Never Give Up (NGU).
- ✚ Be more switched on to the *Spirit of Jesus* around me.
- ✚ I should say THANKS at home four times a day.
- ✚ Spread your attitude everywhere it is catching.
- ✚ We should try to live more like Jesus wants us to.
- ✚ We should learn from our mistakes so we won't make them again.
- ✚ Doing the right things at home and school makes us
- ✚ Sometimes we have to win the 'hard ball' in life.
- ✚ Life at times can be tough...but so are you.
- ✚ GTS... the way we Greet, Treat and especially the way we Speak to people.
- ✚ Prayer is like speaking with a friend. In prayer we open up our heart.
- ✚ Jesus works through us every day in the little things we do and say.
- ✚ Happiness comes from us when we do the right thing....even though it is hard.
- ✚ Live Jesus in our hearts...FOREVER .

They certainly have picked out the main messages from their SOJ book!

ACTIVITY FOUR LEADERS

Ask students to find words starting with letters found in the word L-E-A-D-E-R-S that make someone's day.

This is a super activity when working with those who are looking to take up a leadership position or looking for words to use in leadership speeches.



MJR 2022 NATIONAL CONFERENCE

The MJR 2022 National Conference will be held in Hobart on March 24 & 25, 2022 at the Blundstone Arena on the Derwent River.

[Click here](#) to view a short animation about the Conference.

If you would like further information email:
team@makejesusreal.com.au

REGISTER YOUR INTEREST!

If you would like us to contact you when we have further details, please [click here](#) to register your interest.



the



PODCAST

a GPS for life

MJR PODCASTS

The MJR Podcast – A GPS for Life

Each Podcast episode has an accompanying 3-2-1 Activity Sheet which are available from the Resources page of www.makejesusreal.com.au.

To listen to the MJR Podcasts go to:

Spotify:

<https://open.spotify.com/show/4VDJEOOnCL2UVvL7AqPX91Y>

iTunes:

<https://podcasts.apple.com/au/podcast/the-mjr-podcast-a-gps-for-life/id1513474986>

LINKS

For staff, here are the wise words from Dr Maya Angelou. What a great teacher she was – or actually – still is!

Dr Maya Angelou's 3-Word Secret to Living Your Best Life

<https://youtu.be/sr6LMr-rXEc>

Two men get in a train carriage and sing *Somewhere over the Rainbow* – just look at these reactions.

<https://youtu.be/xctzp0dp9uc>

Witness the joy in the Liverpool supporters faces and the joy in their voices as they sing *You Will Never Walk Alone*. If this was only true for the many homeless and those needing help.

<https://youtu.be/Go-jJIGd1so>



Wishing you a Merry Christmas
and a blessed and relaxing holiday.
May 2022 be full of hope, health,
and happiness.

The MJR Team... Marty, Mitch, David, Karen,
Rose, Sandy & Charmaine



Live Jesus in your Hearts – FOREVER!

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