



MJR Bulletin



FEBRUARY 2023

Welcome back!

So, the new school year has arrived and you maybe thinking: Wow, there has been some changes around this place! What impact do I really have with my students and fellow staff? What will my legacy be at the end of the year or when I leave?

OR maybe ... How am I going to SURVIVE?

So, from an MJR perspective, how can you be the positive CHANGE that creates a lasting effect on those around you?

In this Bulletin you'll find some suggestions on how to do this. Plus, we are presenting a new theme for students and - **big news** - an amazing new *MJR Resource* and some exciting news about myself!

Marty

MOTIVATIONAL SIGNS

Put up motivational signs, photos or MJR sayings that will either make people feel good about themselves or show them they can change themselves or others for the better.

All the MJR Workbooks and the websites are bursting with great advice.

To make it easier for you, we have a range of banners available that can be placed around your school.

Click [here](#) for more information.



INSPIRATION

MJR Workbooks are a wealth of INSPIRATION. Take a look through them – they can really make a difference. Here are some ideas:

- Remind staff they can ask their students to look out for 'Spirit of Jesus' moments. Talk about these moments in the classroom, and share them with parents/carers through your schools' newsletter. Ask your principal/team leader to allocate staff 5-8 minutes at each staff meeting to share. This will lead into a beautiful habit being created.
- Be 'the difference' by dropping kind notes into fellow staff's pigeon holes or on their desks saying how much you appreciate what they do. The December Bulletin has special postcards that you can download.
- A BIGGY – offer to take someone's duty!

ACCOUNTABILITY

A new theme for your students – *Accountability*.

This ties in beautifully with behaviour management and the setting of class charters at the beginning of the year.

Share the following acrostic:

Accountability
Choices
Character
Ownership
Understanding
Non-negotiable
Trying
Answerable
Blameless
Imperative
Liable
In-charge
Trust
YOU

MJR TIP

Listen to this *MJR Podcast* about accountability.

<https://mjrpodcast.podbean.com/e/if-it-is-to-be-it-is-up-to-me/>

And click [here](#) for a fun lesson about the podcast.

Here is a huge list of terminology and acronyms from the MJR Workbooks that tie in with PBS (behavioural management) – a big thank you to those who sent these to me.

Display them for when the students makes their class charter for 2023. These MJR sayings will play a major part in helping them and their classmates.

- R.T.R.P. – right time right place
- Attitudes ...are contagious – positive, ...you are in charge of your attitude/'I can do it' attitude
- Seeing the goodness (Godness) in other
- W.I.I.F.M. – What's In It For Me
- Taking the good with the bad
- B.A.B.A.G.O.I. – Build A Bridge And Get Over It
- Be a Giver NOT a Taker
- The key to your life is...
- W.E.S.T.
- See Goodness in others
- Happiness and Inner Peace. PLUS Happiness comes from doing the right thing
- Reflecting – a day is wasted if you don't reflect on it
- Be a defuser NOT an escalator
- The importance of a 'Sense of Humour'
- Making GOOD decisions/Making GOOD Choices
- T.E.A.M. – Together Everyone Achieves More
- T.A.S. & T.A.H. – Teamwork at School/Home
- Taking the next step
- Resilience – bounce back
- Naming 'Spirit of God' moments
- Peer Pressure – If you want to fly like an EAGLE don't hang around with TURKEYS
- O.K. with a smile instead of backchatting or talking back to adults
- What does respect look like?
- What do you value?
- Problem solving
- Good, better, best
- Perception
- Do you have to be perfect?
- Friendship/How do we make friends?
- Doing the right thing

BIG NEWS!

MJR READERS FOR PREP-YEAR 2



We have now added to the popular MJR series by creating a set of eight **MJR Readers** aimed at emerging and ESL readers, while using the MJR themes. The books feature

contemporary Australian children and environments, as well as the familiar MJR characters who help pose enquiry-based learning text for young children.

The **MJR Readers** are designed to encourage independent reading and learning to complement class reading capabilities for lower primary students. The eight books in this series may be used as supplementary resources for understanding Religious Education concepts in conjunction with *My Friend Jesus*.

Each book in the series has a literacy guide (see example below) making lesson planning easier!

For more information on the **MJR Readers** click [here](#).

When Problems
Come Your Way

Title: When Problems Come Your Way

Running words: 144

Concept words: perfect, problems, fault, mistakes, relax, calm, deep breath, music [listen to], pat [your cat or dog], choice

Key words: relax, calm, breath, problems, mistakes, perfect, fault

MJR connection: Coping with Anger, Resilience, Mentally tough, Grit, 'I Can Manage It', Dealing with problems, Ability to make good decisions.

MARTY'S CONSULTANCY



I have now started my own consultancy called **Marty's Consultancy - Keeping it Real**.

Along with presenting the many aspects of *Make Jesus Real* I will also be holding *spirituality days* and *retreats*.

For those of you who have seen me in action, you know that as well as sharing the Good News - we also have lots of fun!

I am available to work all over Australia and will be in WA during May and in the NT just after Easter.

For more information and my contact details, please click [here](#) to download my flyer.

LINKS

Here are a few great inspirational YouTube videos that connect to accountability.

Why Accountability is Everything | Tom Bilyeu

<https://youtu.be/rgWWW4unhOk>

Extraordinary Eddie | The Project

Believes we are accountable to making everyone happy. He has made this his life!

<https://youtu.be/z5RHZf-SyLk>



MJR PODCASTS

The MJR Podcast - A GPS for Life

Each Podcast episode has an accompanying 3-2-1 *Activity Sheet* which is available from the *Resources* page of www.makejesusreal.com.au/resources.

To listen to the *MJR Podcasts* go to:

Spotify:

<https://open.spotify.com/show/4VDJEOCL2UVvL7AqPX91Y>

iTunes:

<https://podcasts.apple.com/au/podcast/the-mjr-podcast-a-gps-for-life/id1513474986>

the



PODCAST

a GPS for life



Got an idea for a story, or want to share a story that captured the ears and hearts of your students? We'd love to hear from you. Please email Marty at: marty.ogle13@gmail.com.

Note: If you are including images, please ensure you have permission to do so.

