



Australia Wide Practical Hints

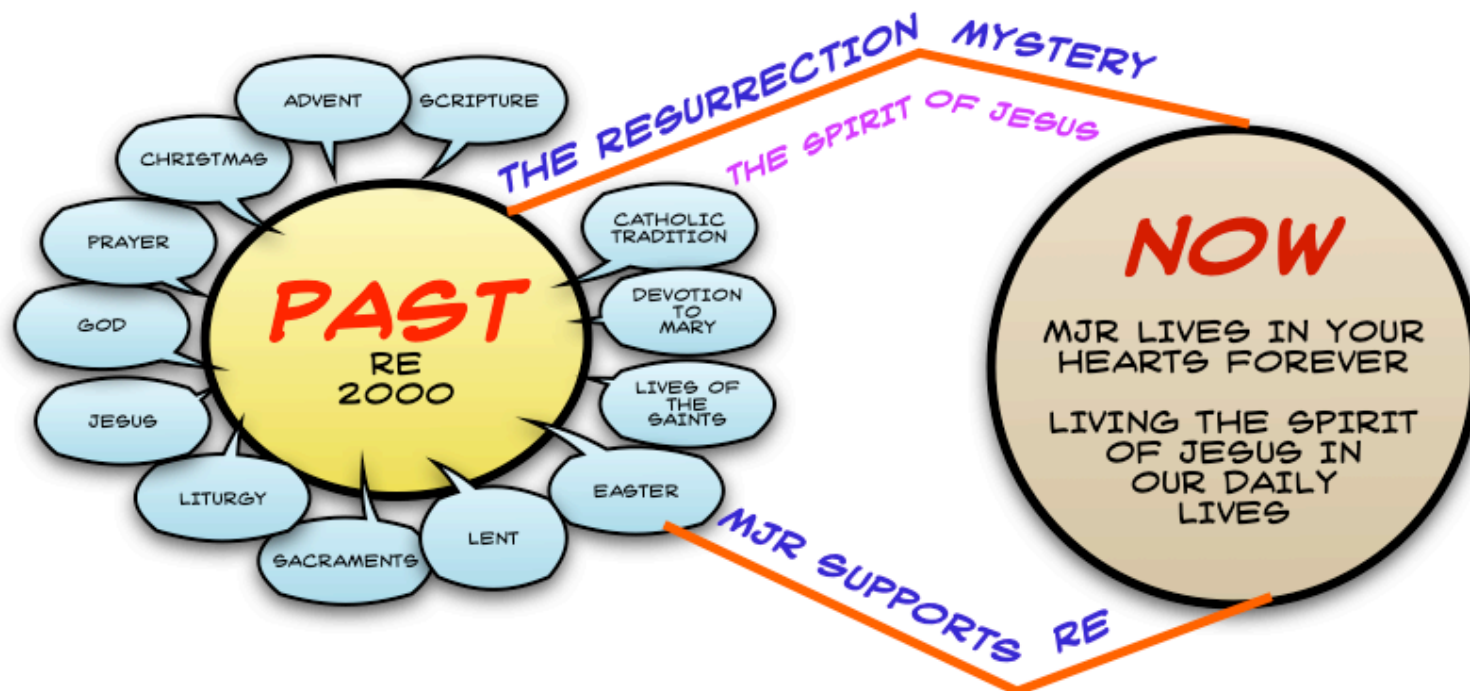
Peter Mitchell





It all starts here







Six simple things for TIME POOR TEACHERS



One of the greatest gifts we can give our students is the realisation they have the Spirit of Jesus in their hearts and they can recognise His Spirit in themselves and others

- Six minutes once a week
- Listen and pick out the Gospel message
- Once a month – Where did I see the Spirit of Jesus in me?
- Again once a month, or if possible more often, take out the SOJ or MJR book. Select a topic that leads to a discussion.
- Once a year, do the Green Card
- End of year Grades 4 and 6.



Ideas for helping develop the Spirit of Jesus in your classrooms and your school communities.

Peter Mitchell
MJR Consultant



- i) Scan the 15 suggestions
- ii) Select 5 that might work in your school
- iii) Now highlight 3 that you are going to use.
- iv) Share with someone near you
- v) Finally circle the No 1 suggestion you are going to use.

Hello to you "time poor teachers", here are some very easy suggestions that can help you develop the Spirit of Jesus in your classroom and in your school.

- 1) When you see a Spirit of Jesus moment happening in your class "name it" by saying "I look there is Sarah holding the door open to Simon", then continue on with the lesson. "Attitudes are contagious, is yours worth catching?" Once your students start saying "There is the Spirit of Jesus", they have it.
- 2) Once a week, after lunch, for 15 minutes they can go into their Heart Room. Ask students to fold arms on the desk then place their heads on the desk. Give them two minutes to be at peace. Then ask them, heads still down, "Where did you have a Spirit of Jesus moment in the last two days?" Ask them to write in their journals "I saw the Spirit of Jesus when ...". Grades 5 and 6 use their MJR book, Grades 3 and 4 their SOJ book and Grade 2 their MJR book. Kindergarten to Grade 2 just sit on the mat and tell where they saw the Spirit of Jesus.
- 3) When they are to thank a person, get your students to use that person's name. Everyone likes their name being used. Now watch SOJ grow in your class.
- 4) On occasions during recess and lunch get your students to "DO8" on others doing something Good. Listen to four stories and see the Gospel values in their stories. Then list the Gospel values of kindness, helping, welcoming, including, etc.
- 5) Aim to have an MJR representative from your school, once a term (four times) to visit your class for 20 to 30 minutes to do MJR, SOJ or MJR. (The same thing really.) Once a term the MJR representative can email you to bring a SOJ moment in your class for staff prayer.
- 6) Try a personal "Welcoming mark" on your board (4.3) and a personal "Good afternoon" mark (3.7). Change it daily and watch SOJ grow within your class. (The MJR representative may be the one to give the initial mark.)
- 7) Notice there is virtually no preparation as it is in the books and there is no correction and no Catholic guilt, as you don't have to do all that is in the books. They are all two and three year cycles.
- 8) Name your swimming and athletic carnivals, e.g. St. Joseph's MJR Swimming Carnival. There is so much joy, encouragement and team support. This helps parents, teachers and children to see MJR lived out.
- 9) The same with camps and excursions. Name them MJR as MJR started with school camps and excursions. At the end of the camp/excursion ask the retreat question "Where did you see the Spirit of Jesus?" At the end of each day say "Live Jesus in our hearts FOREVER". Perhaps have the same prayer at the end of each school assembly.

One of the greatest gifts we can give our students is the realisation they have the Spirit of Jesus in their hearts and they can recognise His Spirit in themselves and others.

"Live Jesus in our hearts, FOREVER!"

Email: mjrpetermitchell@gmail.com



Five Simple Questions to Ask

Peter Mitchell
MJR Consultant



1. Where did I see the Spirit of Jesus over the last two days?

2. What can I do to be a better person this year?

3. What small things can I do to be a better team player at home?

4. What small things can I do to be a better person at school?

5. What is your "OH YEAH!" moment from the SOJ lesson that made sense to you today?

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"Live Jesus in our hearts, FOREVER!"

Ph: 0418 458 466

Check out
some answers
on the next page



Spirit of Jesus in PE or games in the yard at your school

SPORT DAYS OR RECESS AND LUNCH GAMES IN THE YARD

These sports are just a tool to see how we can handle the challenges that life presents and what our attitudes are to these challenges.

Do I want to have a go at learning new games?

- Squash
- Volley Ball
- Basketball
- Badminton
- Table Tennis

Am I positive or am I a moaner?

How did I take the umpire's decision – did I complain or just play on?

How did I take which side I was in?

If I was placed in a side that was weaker or not with my friends did I ...

- a) Complain
- b) Pull a face
- c) Sulk
- d) Join in well
- e) Try very hard for my side

When our side was losing – how did I play?

- a) Harder
- b) Give in
- c) Sulk when it was over and blamed everyone else – saying "It's not fair".

When our side won?

Did I rub it into the others?

Was I a good loser and a good winner?

Did I offer congratulations on good play:

- a) On my side?
- b) On the other side?



MJR Signage Reminders





FOURTH TERM YEAR REVIEW ON HOW YOU HAVE GROWN AS A PERSON

1. Where did you see the Spirit of Jesus at school, home or anywhere else over the last three days?

2. In what small ways can you show the Spirit of Jesus at home, school or anywhere?

3. How have I grown as a person this year? What have I improved in?

4. Go through your SOJ book and what page or lesson helped you the most to improve as a person?

5. What small areas can I improve to grow as a person till Christmas and beyond at home and at school or anywhere else?

Now scan the
Answers from
some of the
students



A final reminder



At St



We live the Spirit of Jesus by



KINDNESS THANKFULNESS COMPASSION LEARNING FORGIVENESS RESPECT





Reflection Time

