



MJR Lessons

YELLOW CARDS

One of the great treasures in our MJR book are the green and yellow cards located at the back. As I go around Australia talking about them to the Grade 6 teachers, they are very interested, but don't know how to use them.

So, as the students approach the end of their primary schooling, here are two lessons using the yellow cards that are designed to help the students focus on the lessons about people and life have they learnt, and what values and attitudes they are taking with them.

LESSON ONE

Set aside a 90-minute lesson in early November. This is about "sucking out the goodness of the MJR book" and what values and attitudes they want to take out for their lives.

YOU WILL NEED:

- *Make Jesus Real* book
- A4 sheet of paper for each student.
- Highlighters or pens
- Something to play the YouTube video

1. Start at **Page 6**

2. Read through the list (you can't do everything in the book so don't have any guilt). By going through the book now, the kids will take out what they want from their MJR.

3. Then ask the students to:

Page 7 – Put 3 ticks beside or highlight the heading "Having a positive attitude".

Page 8 – Put 3 ticks beside or highlight the heading "You are in charge of your attitude to life".

Page 9 – Circle, tick or highlight 5 positive qualities they want to develop.

Page 14 – Put 3 ticks beside or highlight the heading "Be a grinner and a winner not a moaner and a groaner".

Pages 16, 17 – Put 3 ticks beside or highlight the headings "Be a giver not a taker" and "Which one are you?".

Pages 18 – Put 3 ticks beside or highlight the headings "Be determined" and "Don't give up or feel sorry for yourself".

Page 19 – Put 3 ticks beside or highlight the heading "Search for the hero inside yourself".

4. Play the video "An amazing story". <https://youtu.be/dDnrLv6z-mM>

It's about a dad and his handicapped son doing The Hawaii an "Iron Man". This is a fabulous video that will make them think.

- Discuss what it means to be a hero, not giving up, believing in yourself etc.

5. Continue through the book until Page 76 – Resilience. Mention some headings giving ticks/highlight to different headings.

6. Then turn to the **yellow card** at the back of the book – “Best Memories From ‘Grade 3 to Grade 6’”. This is a great activity.

- Ask them to list **4** memories only.

Note: THE MEMORIES DON'T HAVE TO BE JUST FROM SCHOOL – plays, games, birthday parties, family holidays, being a team leader at sport, a part in a play, anything that they have a positive memory of.

- Next lesson, they can fill in the other 3.

7. Go back to Page 7

- Give the students a blank A4 sheet of paper.
- From their all ticks/highlights they made from page 7 to 76, ask them to choose the 15 headings they want to take into their lives and write them down on the sheet of paper.

Note: When they start to make these choices, they really start to think!

- Ask them to keep the A4 sheet at the back of the MJR book as they will need it for Lesson 2.

END OF THE 1ST LESSON.

You have broken the back of it.

When you are ready put another 60 minutes aside in a week or two for Lesson TWO.

LESSON TWO

Set aside 60 minutes, a week or two after Lesson One.

YOU WILL NEED:

- *Make Jesus Real* book
- A4 sheet of paper filled out by each student in the Lesson One
- Highlighters or pens

1. Page 77 – 147

- Ask the students to tick/highlight headings that they want to take into their lives.
- Ask them to write 15 more headings on their A4 sheet.
- Ask the students to go back the yellow card at the back of the book – “Best Memories From Grade 3 to Grade 6” and complete their list.

2. Next go to the yellow card – “My Top Values/Attitudes I want for My Life”

- From the list of their 30 headings, ask them to pick 7 and write them down on this yellow card.
- From this list, pick their Top 1.

3. Go to the yellow card “Key to my Life – Top 5” and write down this Top 1 pick and the reason why it is.

- Ask them to share their No 1. (no right or wrong answer)
- Next, ask them to list their number 2, 3, 4 and 5.

4. On the yellow card – “**The sort of Person I want to be by 18**”, ask the students to list 3 attributes, e.g. kind, cheerful, generous, etc – not butcher, baker or candlestick maker!

5. Next ask the students to fill out the Yellow Card – “**The 3 Things I Would Like for My Life**”.

6. On the other side of the Yellow Cards, are some important messages and helpful hints.

- Ask the students to read these and highlight the important messages.

The kids should be wiser as to who they are and what values and attitudes they want to take from Primary School. They have them in the *Make Jesus Real – A Book for Life*.

Later in life, during challenging times, they will know where their compass points for life are.

Please email me your feedback as to what your class got out of these lessons.

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Cheers

Mitch